

## NOLIKUMS PAR LSDF TIESNEŠU EKSĀMENIEM

Lai iegūtu tiesneša licenci kandidātam ir jākārtos sekojoši eksāmeni:

Tiesneša kategorija	Eksāmena figūras	Prasības
D	ASSOCIATE	Atvieglotās
C	MEMBER	Atvieglotās
B	ASSOCIATE	Pilnās
A	MEMBER	Pilnās
S	FELLOW	Pilnās

Visās kategorijās kandidātam jāpārzina LSDF sacensību nolikums.

Pamatliteratūra gatavojoties eksāmenam ir:

“The Technique of Latin Dancing” by Walter Laird,

“The Technique of Ballroom Dancing” by Guy Howard.

### ATVIEGLOTĀS PRASĪBAS

Kandidātam jāzina galveno tehnisko terminu definīcijas.

Kārtojot eksāmenu kandidātam jāzina:

- Temps
- Taktsmērs
- Stāja
- Satvēriens
- Pēdu pozīcija
- Skaitis
- Virziens
- Grieziena apjoms
- Pēdu darbība
- Figūru apvienojumi.

Kandidātam jāprot nodejot visas ST un LA dejas, izmantojot atbilstošās figūras.

### PILNĀS PRASĪBAS

Kandidātam jāzina galveno tehnisko terminu definīcijas.

Kārtojot eksāmenu kandidātam jāzina:

- Temps
- Taktsmērs
- Satvēriens
- Skaitis sitieniem un takšim
- Pēdu pozīcija
- Virziens
- Grieziena apjoms
- Pacelšanās un nolaišanās
- Pēdu darbība
- Auguma pretkustība (ST)
- Auguma pretkustības pozīcija (ST)
- Svārstības (ST)
- Sadotās rokas (LA)
- Ievadfigūras un turpinājumfigūras.

Kandidātam jāprot nodejot visas ST un LA dejas, izmantojot atbilstošās figūras.

## ASSOCIATE PROGRAMMA

### RUMBA

	Lappuse
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6. HOCKEY STICK	27
7. SPOT TURN TO LEFT	28
8. UNDERARM TURN TO RIGHT	28
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12. CHECK FROM OPEN PP	31
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### MEMBERSHIP PROGRAMMA

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### FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

### SAMBA

Lappuse

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### MEMBERSHIP PROGRAMMA

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### FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

### PASODOBLE

Lappuse

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### MEMBERSHIP PROGRAMMA

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### FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

### ČA – ČA – ČA

Lappuse

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## MEMBERSHIP PROGRAMMA

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## FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

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## MEMBERSHIP PROGRAMMA

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## FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

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Lappuse

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## MEMBERSHIP PROGRAMMA

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## FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

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Lappuse

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### MEMBERSHIP PROGRAMMA

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### FELLOWSHIP PROGRAMMA

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## ASSOCIATE PROGRAMMA

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## ASSOCIATE PROGRAMMA

### TANGO

Lappuse

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### MEMBERSHIP PROGRAMMA

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### FELLOWSHIP PROGRAMMA

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