

2023.05.09 Samba D klase

- A

Whisk to L and R* 1a2 3a4
Solo Circular Volta 5a6a7a8
Prom Counter Prom Run 1a2 3a4 5a6
Dropped Volta &7(8)

Carioca Runs 1&2& 3&4&
Rolling off the Arm* (Lady: extra turn) 5a6 7a8
Rev Turn 1a2 3a4
Whisk to L and R*(Lady solo Volta to L) 5a6 7a8

- B

Rolling off the Arm to Foot Change 1a2 3a4
Same Foot:
Cruzados Walk with cont Lock 5&6&7&8
Corta Jaca 12&3&4&, 5&6&7&8&

Foot Change (Lady Volta Solo to R) 1a2
Natural Roll 3&4& 5&6&
Open Rock 7&8
Reverse Turn to Drag 1a2 3a4
Prom to Counter Prom Run 5a6
Man: Stationary Walk 7a8
Lady: Three Step Turn (Double Spiral Turn)

- C

Samba Locks 1&2 3&4
Criss Cross Volta to Left* (Lady solo Spot Volta to Left) 5a6a7a8
Back Rock 12& 3&4&
Plait 5&6&7&8

Stationary Samba Walk (with RF) 1a2
Criss Cross Botafogo 3a4
Foot Change (Lady Stationary Samba Walk) 5a6
Same Foot in Contra Position:
Contra Botafogo 7a8
Circular Voltas to R (Roundabout) 1a2a3a4
Contra Botafogos 5a6 7a8

- D

From same foot contra pos, start with RF:
Foot Change 1a2 (Lady solo Volta to L)
Stationary Samba Walk 3a4
Criss Cross Volta to R 5a6a7a8
Stationary Samba Walks (Lady solo turn?) 1a2 3a4
Criss Cross Volta to L 5a6a7a8

Side Samba Chasse 1&2&3&4
Travelling Botafogos Forward 5a6 7a8 1a2
Promenade Run (1-3) 3a4
Dropped Volta &5(6)
Travelling Voltas Ending a7a8

2023.05.09 Kviksteps D klase

- A 12 taktis, Garā
1-5 Natural Turn with Hesitation SQQSS
Rumba Cross & Pivot + Spin Ending QQSSS
Progr Chasse SQQS
Walk, Quick Open Rev SSQQ
Quarter Turn Left to Wing SQQ
Rev Swivel SS
Check S
Tipple Chasse to Right, Lock Ending SQQS QQS

- B 8 taktis, Īsā
Natural Pivot Turn SQQS
Natural Turn with Hesitation SQQ SSS
Double Reverse Spin SSQQ
Telemark SQQ
Forward Lock SQQS

- C 8 taktis, Garā
Running Spin Turn SQQS SQQ
Step Back S
Tipsy to R, to L Q&Q Q&Q
2-4 of Tipple Chasse, Lock Ending QQS QQS
Fish Tail SQQQSS

- D 10 taktis, Īsā + 1/2 garā
Natural Spin Turn Overturned SQQ SSS
Turning Lock to PP QQSS
Open Natural, Outside Change SQQ SQQ
Wing SQQ
Quick Open Reverse SQQ
Four Quick Run SQQQSS